

# September 2019-Breakfast

South Bay Union Elementary School District

| Monday   | Tuesday  | Wednesday  | Thursday  | Friday  |
|--|--|--|---|---|
| 9/2<br><br>No School<br><br>Happy Labor Day!   | 9/3<br><br>Muffin Town, Wild Blueberry<br>Cereal Variety<br>Cheese Stick<br>Fruit Choice<br>Milk Choice  | 9/4<br><br>Bar, Buttermilk Twin Sticks<br>Cereal Variety<br>Yogurt Variety 4 oz.<br>Fruit Choice<br>Milk Choice  | 9/5<br><br>Muffin Town, Double Chocolate.<br>Cereal Variety<br>Cheese Stick<br>Fruit Choice<br>Milk Choice  | 9/6<br><br>Mini French Toast<br>Lite Maple Syrup<br>Cereal Variety<br>Hard Boiled Egg<br>Fruit Choice<br>Milk Choice  |
| 9/9<br><br>Lenders Bagel WW<br>Cereal Choice<br>Cream Cheese<br>Fruit Choice<br>Milk Choice  | 9/10<br><br>Muffin Town, Wild Blueberry<br>Cereal Variety<br>Cheese Stick<br>Fruit Choice<br>Milk Choice | 9/11<br><br>Bar, Buttermilk Twin Sticks<br>Cereal Variety<br>Yogurt Variety 4 oz.<br>Fruit Choice<br>Milk Choice | 9/12<br><br>Muffin Town, Double Chocolate.<br>Cereal Variety<br>Cheese Stick<br>Fruit Choice<br>Milk Choice | 9/13<br><br>Mini French Toast<br>Lite Maple Syrup<br>Cereal Variety<br>Hard Boiled Egg<br>Fruit Choice<br>Milk Choice |
| 9/16<br><br><b>No School</b>   | 9/17<br><br>Muffin Town, Wild Blueberry<br>Cereal Variety<br>Cheese Stick<br>Fruit Choice<br>Milk Choice | 9/18<br><br>Bar, Buttermilk Twin Sticks<br>Cereal Variety<br>Yogurt Variety 4 oz.<br>Fruit Choice<br>Milk Choice | 9/19<br><br>Muffin Town, Double Chocolate.<br>Cereal Variety<br>Cheese Stick<br>Fruit Choice<br>Milk Choice | 9/20<br><br>Mini French Toast<br>Lite Maple Syrup<br>Cereal Variety<br>Hard Boiled Egg<br>Fruit Choice<br>Milk Choice |
| 9/23<br><br>Lenders Bagel WW<br>Cereal Choice<br>Cream Cheese<br>Fruit Choice<br>Milk Choice | 9/24<br><br>Muffin Town, Wild Blueberry<br>Cereal Variety<br>Cheese Stick<br>Fruit Choice<br>Milk Choice | 9/25<br><br>Bar, Buttermilk Twin Sticks<br>Cereal Variety<br>Yogurt Variety 4 oz.<br>Fruit Choice<br>Milk Choice | 9/26<br><br>Muffin Town, Double Chocolate.<br>Cereal Variety<br>Cheese Stick<br>Fruit Choice<br>Milk Choice | 9/27<br><br>Mini French Toast<br>Lite Maple Syrup<br>Cereal Variety<br>Hard Boiled Egg<br>Fruit Choice<br>Milk Choice |
| 9/30<br><br>Lenders Bagel WW<br>Cereal Choice<br>Cream Cheese<br>Fruit Choice<br>Milk Choice |  |  |   |   |

**National School Breakfast Program- Food Based Offer vs. Serve. Meal components include: Choice of fat free or low fat milk, fruit, whole grain and protein. Students must take 3 components. MENU SUBJECT TO CHANGE.**

**Breakfast is free for ALL students.**

**Adults \$2.50**

***This institution is an Equal Opportunity Employer and Provider.***